

Project result 1

Manual for trainers

Break the Chain Manual targets primarily at media literacy trainers of adult learners, but can offer important insights into the issue of disinformation to anyone interested!



1st part of the Manual

- The **theoretical point of view of disinformation**,
- Explaining the phenomenon in **historical context**, as well as in the **contemporary media environment** and dealing with the **techniques and goals of disinformation**.
- Contains essential **information about the role of the internet**, the **world of media**, **cognitive processes** as well as **emotional aspect**.
- Deals with the **specifics of teaching adults 55+**, neuroplasticity and deep data processing and provides easy tools to master the process.

2nd part of the Manual

The **second part** offers **examples of lesson plans** on crucial topics and specific tips for teaching adults in an effective, sensitive and entertaining way.



The purpose of the Manual

- Prepare teachers and trainers for tasks and activities that oblige students to deeply process acquired information.
- Apply it in practice and to integrate it within already existing knowledge and skills.

What is the target group of the Manual?

Not only trainers but also **general public** can use the Manual as a source to understand the basics of the issue or maybe find answers how to talk to people with a different world-view.

[FIND THE MANUAL HERE](#)

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